



ST. ANDREW'S
COLLEGE
Cambridge

COLLEGE POLICY DOCUMENT

PSHE POLICY

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The PSHE programme at St. Andrew's College Cambridge is designed to empower our students to lead confident, healthy and responsible lives as individuals and as members of a global society. PSHE is taught during the hour long general studies lessons for all students but aspects of the subject are provided across the curriculum. The subject is designed to provoke thought, debate and consideration.

PSHE at St. Andrew's College Cambridge takes into account the College's status as an independent boarding school and also the particular needs of its UK based day/ boarding students and international boarding students. The curriculum is focused upon life skills, community experience and the world of work within the five broad areas of PSHE.

The PSHE curriculum was developed after an audit of the College's materials and consultation with staff and students.

PSHE Content

The programme is designed to cover the following criteria and therefore ensure each student has comprehensive and pertinent educational experience.

1. Acquisition of knowledge
2. Development of skills
3. Exploration of attitudes and values

Each of these criteria will be addressed within the five key themes of PSHE listed below.

Economic and financial education

1. Budgets
2. Consumer advice/ rights
3. Personal financial services
4. Business and ethics
5. Study skills
6. Understanding/ managing risk

Careers education

1. Careers guidance
2. Study skills
3. Time management
4. Library skills
5. Plagiarism/ bibliographies

Environmental education

1. Awareness of the environment
2. Litter
3. Environmental responsibility
4. Animal welfare

Health education

1. Healthy lifestyle
2. Nutrition and exercise
3. Happiness
4. Stress
5. Relaxation techniques
6. Raise awareness of people to speak to within the College
7. Raise awareness of the Independent Listener who is available to students
8. Sex and relationship education
9. Personal hygiene
10. Personal safety
11. Drug and alcohol awareness
12. Smoking
13. Basic first aid
14. Feelings/ emotions

Citizenship

1. Duties of a citizen
2. Human rights
3. Street law
4. Government and parliament
5. Racism, stereotypes and bullying
6. Community
7. Anti-social behaviour
8. Awareness of bullying and the consequences thereof
9. Combatting extremism

Review: July 2015 and July 2016

Next Review: August 2017.