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| **ST ANDREW’S COLLEGE POLICY DOCUMENT** | |
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The PSHE programme at St. Andrew’s College Cambridge is designed to empower our students to lead confident, healthy and responsible lives as individuals and as members of a global society.  PSHE is taught as part of the University Preparation Course (UPC), the PSHE component of the Pre A level course, within the student’s tutorial sessions and as an integral part of the whole curriculum and educational experience of the student at the college. The programme is designed to provoke thought, debate and consideration by every individual to form an integral part of their learning experience.

PSHE at St. Andrew’s College Cambridge considers the College’s status as an independent boarding school and the particular needs of its UK based day/ boarding students and international boarding students.  The curriculum is focused upon life skills, community experience and the world of work within the five broad areas of PSHE.

The PSHE curriculum was developed after an audit of the College’s materials and consultation with staff and students.

**PSHE Content**

The programme is designed to cover the following criteria and therefore ensure each student has comprehensive and pertinent educational experience.

1. Acquisition of knowledge
2. Development of skills
3. Exploration of attitudes and values

Each of these criteria will be addressed within the five key themes of PSHE listed below.

**Economic and financial education**

1. Budgets
2. Consumer advice/ rights
3. Personal financial services
4. Business and ethics
5. Study skills
6. Understanding/ managing risk

**Careers education**

1. Careers guidance
2. Study skills
3. Time management
4. Library skills
5. Plagiarism/ bibliographies

**Environmental education**

1. Awareness of the environment
2. Litter
3. Environmental responsibility
4. Animal welfare

**Health education**

1. Healthy lifestyle
2. Nutrition and exercise
3. Happiness
4. Stress
5. Relaxation techniques
6. Raise awareness of people to speak to within the College
7. Raise awareness of the Independent Listener who is available to students
8. Sex and relationship education
9. Personal hygiene
10. Personal safety
11. Drug and alcohol awareness
12. Smoking
13. Basic first aid
14. Feelings/ emotions

**Citizenship**

1. Duties of a citizen
2. Human rights
3. Street law
4. Government and parliament
5. Racism, stereotypes and bullying
6. Community
7. Anti-social behaviour
8. Awareness of bullying and the consequences thereof
9. Combatting extremism

**Review: July 2015, July 2016, August 2017, July 2018, August 2019**

**Next Review: August 2020.**