

# Lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
SOUP	Leek & Potato	Tomato & Basil	Parsnip & Cumin	Miso & Tofu	Vegetable & Lentil	11am-1pm Brunch
OPTION 1	Rich & Creamy Beef Keema Served With Basmati Rice Naan Bread Spiced Mango Chutney Kachumber Salad & Raita	Braised Chicken Cacciatore Served With Herby New Potatoes & Green Beans	Slow Cooked Beef Lasagne Served With Garlic Bread & Baked Beans	Spicy Sweet & Sour Pork Served With Steamed Rice & Stir-Fry Vegetables	Breaded Fish Fillet Served With Chips, Peas & Homemade Tartare Sauce	2 Sausages/2 Bacon Eggs Baked Beans Hashbrowns
OPTION 2	Rich & Creamy Spinach & Chickpea Keema Curry Served With Basmati Rice Naan Bread Spiced Mango Chutney Kachumber Salad & Raita	Baked Aubergine Cacciatore Served With Herby New Potatoes & Green Beans	Roasted Vegetable Lasagne Served With Garlic Bread & Baked Beans	Spicy Sweet & Sour Jack Fruit Served With Steamed Rice & Stir-Fry Vegetables	Spicy Battered Courgette steak With Chips, Peas & Homemade Tartare Sauce	Orange Juice Milk 1 Croissant Or 1 Pain Au Chocolat
GRAB & GO	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	Saturday Waffle
DESSERT	Chocolate Marble Cake	Coconut & Cherry Sponge	Chocolate Cookies	Berry & Apple Crumble Served With Custard	Sticky Toffee Pudding	Sunday Brunch Special
EVERY DAY	Freshly Cut Seasonal Fruit	Freshly Cut Seasonal Fruit	Freshly Cut Seasonal Fruit	Freshly Cut Seasonal Fruit	Freshly Cut Seasonal Fruit	

# Lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
SOUP	Broccoli & Stilton	Roasted Red Pepper & Tomato	Leek & Potato	Carrot & Coriander	Miso & Tofu	11am-1pm
OPTION 1	Szechuan Chicken Stir-Fry Served With Basmati Rice & Five Spiced Vegetables	Classic Slow Cooked Beef & Pasta Bolognese Served With Peas And Sweetcorn With Garlic Bread	British Pork Or Halal Sausage & Creamy Mash Served With Yorkshire Pudding, Peas & Gravy	Naan Wrapped Tandoori Chicken Leg With Kachumber Salad & Basmati Rice	Creamy Fish Pie Served With Chips, Peas & Homemade Tartare Sauce	Brunch 2 Sausages/ 2 Bacon Eggs Baked Beans
OPTION 2	Szechuan Tempeh Stir-Fry Served With Basmati Rice & Five Spiced Vegetables	Classic Slow Cooked Lentils & beans Pasta Bolognese Served With Peas & Sweetcorn With Garlic Bread	Italian Sausage & Creamy Mash Served With Yorkshire Pudding, Peas & Gravy	Naan Wrapped Tandoori Tofu With Kachumber Salad & Basmati Rice	Vegan Quorn "Chiqin" Strips With Chips, Peas & Homemade Tartare Sauce	Hash Browns Mushrooms Orange Juice Milk
GRAB & GO	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	1 Croissant Or 1 Pan Au Chocolat
DESSERT	Lemon Sponge Drizzled With Lemon Icing	Chocolate Brownies	Peach Cobbler & Custard	Ginger Sponge	Fruit Crumble	Saturday Waffles Sunday Vietnamese Pho
EVERY DAY	Freshly Cut Seasonal Fruit	Freshly Cut Seasonal Fruit	Freshly Cut Seasonal Fruit	Freshly Cut Seasonal Fruit	Freshly Cut Seasonal Fruit	

# Lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>SOUP</b>	Cream Of Tomato	Minestrone	Mushroom & Tarragon	Curried Sweet Potato & Carrot	Tomato & Lentil	11am-1pm
<b>OPTION 1</b>	Aromatic Char Sui Pork Stir-Fried Asian Greens Fragrant Steamed Basmati Rice	Beef Burrito Served With Seasoned Fries, Sour Cream, Nachos & Salsa	Creamy Chicken Pasta Served With Garlic Bread, Roast Carrots & Courgettes In A Tahini Dressing	Curried Pork & Black Eye Bean Casserole Served With Basmati Rice, Naan Bread Spiced Mango Chutney & Kachumber Salad	Breaded Fish Fillet Served With Chips, Peas & Homemade Tartare Sauce	Brunch 2 Sausages/2 Bacon Eggs Baked Beans
<b>OPTION 2</b>	Aromatic Char Sui Tempeh Stir-Fried Asian Greens & Fragrant Steamed Basmati Rice	Vegetable & Bean Burrito Served With Seasoned Fries, Sour Cream, Nachos & Salsa	Creamy Jackfruit Pasta Served With Garlic Bread, Roast Carrots & Courgettes In A Tahini Dressing	Creamy Coconut Cauliflower & Lentil Spiced Curry Served With Basmati Rice, Naan Bread & Kachumber Salad	Vegan Quorn "Chiqin" Strips With Chips, Peas & Homemade Tartare Sauce	Hash Browns Mushrooms Orange Juice Milk
<b>GRAB &amp; GO</b>	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	1 Croissant Or 1 Pan Au Chocolat Saturday Waffles
<b>DESSERT</b>	Fruit Oat Flapjack	Lemon Drizzle & Cream	Chocolate Sponge	Banana Cake	Chocolate Cookies	Sunday Brunch Special

# Supper

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPTION 1	Jerk Chicken	Slow Cooked Beef Chilli	Moroccan Spiced Lamb Tagine	BBQ Chilli Chicken Wings	Singapore Fried Noodles	Bratwurst Hot Dogs	Roast Chicken
OPTION 2	Jerk Aubergines	Slow Cooked Vegan Chilli	Slow Cooked BUTTERNUT SQUASH TAGINE	BBQ Chilli Stuffed Peppers	Tofu Singapore Fried Noodles	Vegetarian Hot Dog	Sage & Onion Wellington
ON THE SIDE	Served With Rice "N" Beans & Corn On The Cob	Steamed Rice, Sour Cream, Nachos & Guacamole	Served With Moroccan Cous Cous & Green Beans	Served With Seasoned Fries Sweetcorn & Coleslaw	Served With Stir-Fry Asian Greens	Served In A Pretzel Bun With Chips, Onions & Sweetcorn	Served With Roast Potatoes Homemade Yorkshire Pudding & Seasonal Vegetables
DESSERT	Lemon Drizzle Cake	Chocolate Sponge	Banoffee Pie & Whipped Cream	Rice Crispy Cake	Chocolate Brownie	Rice Pudding	Rocky Road

SELECTION OF FRESHLY CUT & WHOLE FRUITS



# Supper

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPTION 1	Lime Grilled Chicken Fillet	Beef Goulash	Roasted Chicken In Tomato Sauce Glazed With Mozzarella	Lamb Meatballs Served In A Rich Tomato Sauce	Spicy Chicken Pasta Bake	Pepperoni Pizza	Roast Turkey With Homemade Yorkshire Pudding & Gravy
OPTION 2	Chickpea Falafel	Potato & Bean Goulash	Stuffed Squash With Roasted Vegetable Couscous	Spiced Vegetable Ragout Served In A Rich Tomato Sauce	Spicy Vegetable Pasta Bake	Mushroom Pizza	Feta & Beetroot Tart
ON THE SIDE	Served In A Pitta Pocket With Tzatziki, Fries & Red Onion Salad	Served With Steamed Basmati Rice & Sweet Chilli Green Beans	Served With Herby Baby Potatoes & Carrots	Served With Rice Pilaf & Sautéed Cabbage	Served With Roast Carrots & Courgettes In A Tahini Dressing	Garlic Bread & Selection Of Fresh Salads	Roast Potatoes & Seasonal Vegetables
DESSERT	Cherry Berry Mess	Flapjack	Chocolate Brownie	Coconut Sponge	Double Chocolate Cookie	Cornflake Tart	Sticky Toffee Pudding

SELECTION OF FRESHLY CUT & WHOLE FRUITS

# Supper

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPTION 1	Creamy Chicken & Leek Pie	Soy Glazed Strips Of Beef	Turkey & Mushroom Stroganoff	Cottage Pie	Chicken Tikka Masala	Pretzel Cheese Burger	Roast Chicken
OPTION 2	Creamy Potato & Leek Pie	Soy Glazed Quorn Fillet	Jack Fruit Stroganoff	Soya Mince Cottage Pie	Jackfruit & Chickpea Tikka Masala	Pretzel Veggie Cheese Burger	Vegetarian Sausages With Yorkshire Pudding & Gravy
ON THE SIDE	Served With Braised New Potatoes & Seasonal Cabbage	Served With Basmati Rice & Green Vegetable Stir Fry	Served With New Potatoes & Broccoli	Served With Roasted Carrots & Broccoli	Served With Basmati Rice & Lentil Dahl	Served With Chips, Coleslaw & Peas	Served With Roast Potatoes With Carrots & Broccoli
DESSERT	Jam Sponge	Rice Crispy Cake	Ginger Sponge	Seasonal Fruit Crumble	Banana Cake	White Chocolate Cookie	Sponge Cake
SELECTION OF FRESHLY CUT & WHOLE FRUITS							